

|  |
| --- |
| ***Class: Elmwood*** |
| ***Lesson: Cricket Lesson 2*** |
| ***Lesson Objective:***  Hitting a moving ball |
| ***Resources:***  Stumps, Tennis balls, Cones, cricket bat |

|  |
| --- |
| ***Warm Up:***  Get children into pairs throwing the ball to each other   * Overarm * Underarm * Along the floor   **Coaching Points**:  Soft hands  Eyes focusing on the ball  Still head  ***Safety Points:***   * Make sure area is completely risk free of any spills, equipment etc. |
| ***Main Activity: (Including teaching/Coaching Points/Include any diagrams)***  Put a tennis ball on a TEA get children to stand side on picking up the bat using the full face off the bat taking a step towards the ball and hitting the tennis ball add moving ball to develop children    **Coaching points:**  Side on  Full face of the bat  ***Safety Points:***   * Make sure area is completely risk free of any spills, equipment etc. |
| ***Warm Down*:**  Target batting  Add targets see if children can get it in them.  **Coaching Points:**  Side on  Full face of the bat  ***Safety Points*:**   * Make sure area is completely risk free of any spills, equipment etc. |
| ***Plenary:*** |

|  |
| --- |
| RED: |
| AMBER: |
| GREEN: |