***Assessment breakdown and categories***

***Multiskills KS1 Y1***

Expectations

***Most Children will be able to:***

* Change direction quickly and using correct body positioning (AGILITY)
* One place to another in adequate time (SPEED)
* Controlling your body for adequate amount of time (BALANCE)
* Using two body parts at the same time (CO-ORDINATION)
* Extension of some body parts (FLEXIBILITY)

Theo Sophie

Sophia C Cara

Thomas

Aoife

Ben

Max

Noah

Sophia J

Joanna

Elsie

Athansions

Jack

Lughaigh

Darcie

Joseph s

Rory

Sebastian

Genevieve

***Some children will have progressed further. They will be able to:***

* Change direction quickly and using the correct body positioning in outstanding time (AGILITY)
* One place to another place in outstanding time (SPEED)
* Controlling your body for a long period of time (BALANCE)
* Using two or more body parts at the same time (CO-ORDINATION)
* Extension of most body parts (FLEXBILITY)

***Some children will not have made so much progress. They will be able to:***

* Change direction but needs help with body positioning (AGILITY)
* One place to another place slowly (SPEED)
* Controlling your body for a short amount of time (BALANCE)
* Using one body part (CO-ORDINATION)
* Extension of at least one body part(FLEXIBILITY)

Jackie

Ja

n

Charlie Larsen

Isaac

Daniel

Cohen

Terelle

Barney

Joseph m

Nikodem

Lily